



Greater Sydney Conference

Looking at Type and Spirituality

'Looking at Type and Spirituality'

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- When you are rightly related to God, it is a life of freedom and liberty and delight, you are God's will (Oswald Chambers, My Utmost for His Highest 80)
- No two humans are alike, yet if you study human behaviour, certain predictable patterns emerge.
- Psychological type theory describes four points of preference for
 - How you are energized (Extraversion or Introversion)
 - What you pay attention to (Sensing or Intuition)
 - How you make decisions (Thinking or Feeling)
 - How you go about your daily life (Judging or Perceiving)
- No type of spirituality is better or worse than that of the others, just different.
- Psychological type is not prescriptive but rather a tool to describe recognizable distinctions.
- Type is not to be used as an excuse for certain behaviours.
- The type profiles have important implications for how a spiritual community functions.
 - How do we relate together?
 - How do we value all types ?
 - How do we become more tolerant of types that are outside our own experience?
 - How do we create shared experiences that relate to various types?