

## Cycle Starter Plans

Having understood your church a little better with the help of the NCD Church Survey, its now time to start cycling together towards a healthier church. You've chosen to start experimenting and learning more about the topic to the left. Now, select one of the cycle starter plans below and write number 1 in its box. Put this sheet on your wall, then, go do it!

Next time you are meeting with others who are also working through a topic, ask each other the questions from the cycle, starting at "do" and finishing at "plan". After a cycle you may decide the most important thing to do now is to keep going with the same plan, modify it, or choose another option from below. If choosing another from below, just write 2 in its box and so on.

If you'd like more cycle starter options, or to work on another topic highlighted by your NCD Church Survey results, just visit ncdchurchsurvey.org/cycle-starters

Acquire a high quality illustrated story Bible and begin reading it on your own (and with family or friends) purely for the simple enjoyment of the stories of God's journey with his people.	
Consider whether a lack of new Christians in your church may be connected with a loss of the joy and hope of salvation among the existing Christians in your church. Share with someone what that may mean for you personally.	
Help your leaders to find ways to acknowledge the work of the church's volunteers regularly.	
Invite your small group members to share how they personally view joy: either as a feeling that you have or don't have at a given time; as a decision about the attitude you project regardless of your current feelings or circumstances; as an expression that is entirely dependent on your personality. Consider Philippians 4:11-13 as part of your discussion.	
Make a list of ten reasons for celebration from your life this week (eg. from your work, church, ministry, family and friendships, the Bible, etc.) and share some of these with at least three people in your church.	
Speak out about the positives of a person or current situation when in any negative sounding discussions this week.	
Take the 3colorsoflove.org Fruit of the Spirit Test on your own or in a group.	Natural Church
Take time before meetings this week (e.g. at meals with your family, a leadership or team meeting, a mentoring appointment, etc.) to think about a celebration point that relates to that individual or group as a whole and then share it with them.	Development
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Your Cycle Starter idea	