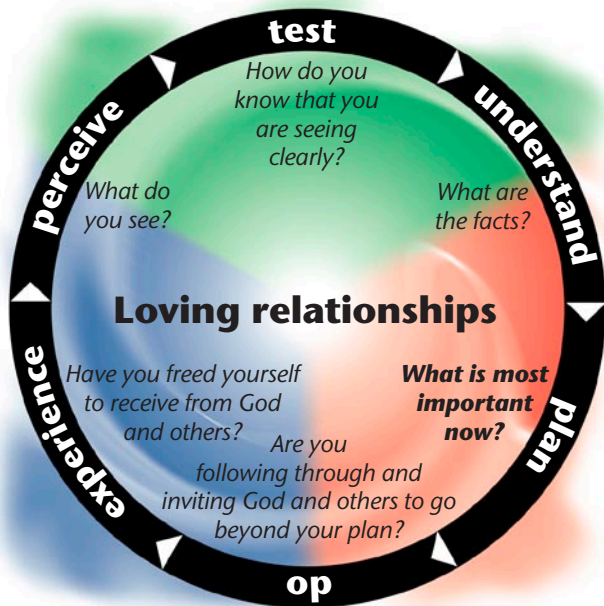


# Cycle Starter Plans

Having understood your church a little better with the help of the NCD Church Survey, it's now time to start cycling together towards a healthier church. You've chosen to start experimenting and learning more about the topic to the left. Now, select one of the cycle starter plans below and write number 1 in its box. Put this sheet on your wall, then, go do it!

Next time you are meeting with others who are also working through a topic, ask each other the questions from the cycle, starting at "do" and finishing at "plan". After a cycle you may decide the most important thing to do now is to keep going with the same plan, modify it, or choose another option from below. If choosing another from below, just write 2 in its box and so on.

If you'd like more cycle starter options, or to work on another topic highlighted by your NCD Church Survey results, just visit [ncdchurchsurvey.org/cycle-starters](http://ncdchurchsurvey.org/cycle-starters)



- ☐ Allow more time than usual in an upcoming meeting when you will visibly put aside the agenda, your diary, your phone and all other distractions to purely focus your interest and attention on the person or people with whom you are meeting.
- ☐ Ask anyone you come across in your church or small group, who seems to have some longer-term tension with another person, to tell you one or more positive things about that person, then encourage them to communicate those to the other person in some way.
- ☐ Connect with members of your ministry team in a social context where there is no agenda other than enjoying each other's company and relating to one another.
- ☐ Consider how effective your church is in caring for the needy who are already a part of your congregation.
- ☐ Identify three people who make a valuable contribution to the life of your church and make a point of thanking them personally.
- ☐ Invite some people from your church that you don't know very well into your home or out somewhere for a meal.
- ☐ Take the [3colorsoflove.org](http://3colorsoflove.org) Fruit of the Spirit Test on your own or in a group.
- ☐ Take time before meetings this week (e.g. at meals with your family, a leadership or team meeting, a mentoring appointment, etc.) to think about a celebration point that relates to that individual or group as a whole and then share it with them.

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Your Cycle Starter idea

