



I AM STEWARD For Kids

Little Hands, Big Hearts!

A stewardship program for children aged 5-10 yrs,
full of stories, activities and heart commitments.



BODY. WORLD. TALENTS. TIME. MONEY. THINGS.



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STEWARD
of my body



STEWARD
of my world



STEWARD
of my talents



STEWARD
of my time



STEWARD
of my money



STEWARD
of my things

STEWARDSHIP FOR KIDS

Kids are **not too young** to be stewards!
They can learn to take care of their
body, world, talents, time, money and
things from an early age.

A sense of belonging to a community is an important
part of **faith development** in kids. Being part of a
community and a **faithful steward** in the world
God created is part of building that belonging.

Kids are not too young to serve, to share and
to learn about how God has gifted them to serve Him.
As we teach our children to **respond** to the love of God
through stewardship we are teaching them that it is
not only a **great honour** but a **privilege** to be
generous with all God has given us.

HOW TO USE THE PROGRAM

Each lesson is divided up into 4 segments.

- Little Story
- Big Idea
- Hands on Activity
- Heart Commitment

The **activity** can be **easily used** as a children's story or illustration for
chapel and the **heart commitment** can be done in classrooms after chapel,
at home in **worship time** or as a **take away** from the childrens story.

Little Stewards have little hands & big hearts!

HANDS ON
ACTIVITY



LITTLE
STORY



BIG
IDEA

HEART
COMMITMENT



STEWARDSHIP of my BODY



DID YOU KNOW that you get a new stomach lining every three to four days? If you didn't, the strong acids your stomach uses to digest food would also digest your stomach!

DID YOU KNOW that your lungs contain over 300,000 tiny blood vessels and that if they were laid end to end, they would stretch 2400km (1500 miles)?



YOUR BODY serves as proof of God's creativity and love. The Bible says that God knows the amount of hairs on your head! That's how much he cares about you and your body. It is important to care for our bodies. For good well-being, we should follow the eight principles of health, summarised by the acronym **N.E.W.S.T.A.R.T.**, which stand for Nutrition, Exercise, Water, Sunlight, Temperance, Air, Rest, and Trust. The Bible tells us that God created our bodies and loves us very much! We show our love for God by looking after the bodies He gave us.



LITTLE STORY

When Daniel and his friends were just teenagers an enemy army invaded their home and took them captive. They were taken to a **foreign land** where they were made to eat strange food and learn about very different customs. Even though they were very far from home they still knew what was best for their bodies and they **asked** to have **healthier food** so they could take care of themselves. Read the full story in Daniel 1.



BIG IDEA

"We are God's creation. He created us to belong to Christ Jesus.

Now we can do good works. Long ago God prepared these works for us to do." Ephesians 2:10 (NirV)



HANDS ON ACTIVITY

Make a **healthy snack** plate!

Get your mum or dad to help you cut up some carrot sticks, red capsicum, cucumber, cauliflower and maybe add some blueberries or other fruit. **Arrange them** into a **rainbow** and serve with some hummus for a yummy looking and tasty snack!



OR

Build an **outdoor obstacle course**. Have some fun in the backyard and use things from around the house to set it up.

Time how quickly you can get through each challenge and try to **improve your time**.



HEART COMMITMENT

Look for an opportunity this week to **get outside** for some exercise every day. Make sure you take some **water** with you and a **healthy snack**.



NUTRITION
Eat healthy foods



EXERCISE
Run and play



WATER
Drink enough water



SUNLIGHT
Expose skin to the sun



TEMPERANCE
Have will power



AIR
Enjoy the outdoors



REST
Get good sleep



TRUST
Be trusting



STEWARD of my WORLD



DID YOU KNOW that there are 12 times more trees on earth than stars in the milky way?

OUR EARTH is pretty incredible! It is the third planet from the sun in our solar system and it orbits (travels around) the sun at some serious speed – around 30km per second! It takes 365 days for the earth to complete one full orbit.

We have **different seasons** because the earth is tilted at 23.4 degrees on its 'axis', an imaginary line straight through the middle of the planet. This means the different parts of the globe are tilted towards the sun at different times of the year.



The earth's diameter (distance through the middle) measures a huge 12,800 km making it the **fifth largest planet** in our solar system. Earth is the only planet in our solar system known to support life. This is because it has two very important things that living creatures need to survive – lots of oxygen and lots of water!

God **created the world** for us to live in **and take care of.** Being a steward of the world means helping to take care of the world. There are many simple ways that we can help care for our world.

Turning off the water tap when brushing teeth helps save water. Putting plastic, paper and empty cans in **recycling** creates less waste. Walking to and from school instead of driving helps **reduce the level of pollution.** The earth belongs to God and humans are in charge of its care. Let's be good stewards of our world.

Source: <https://www.natgeokids.com/au/discover/science/space/facts-about-the-earth/>



LITTLE STORY

When God created the world **He took His time.** Each day saw something new added to the earth where we live. **Read** the creation account from a Bible story book or an easy to read version of the Bible (Genesis 1). Look closely at what He made each day and notice how **each day** of creation **relied** on what was **made the day before!** God is amazing and cares so much about us and our world.

BIG IDEA

"The heavens tell about the glory of God. The skies show that His hands created them. Day after day they speak about it. Night after night they make it known."
Psalm 19:1-2



HANDS ON ACTIVITY

We can have a little part in the creative process by growing our own plants from seeds. Ask your parents for some seeds that you can grow. Find a pot and dig up some soil, plant the seed following the instructions on the packet. You can also plant from food scraps like an avocado seed or an onion (here's a simple video to follow: <https://www.youtube.com/watch?v=Jze8utzplhg>) Plant your seed and make sure it has plenty of light and water. Watch it grow!



HEART COMMITMENT

There are so many ways that we can help look after our world. Donate second hand clothes/ toys/ books, sort through recycling, collect water from baths and showers for putting on the garden, or start a compost with food scraps.

RECYCLE

Many materials can be recycled such as paper, plastic, metal and glass

RECOVER

Composting is another great way of helping the environment

REFUSE

Refuse to acquire stuff that you don't need

REDUCE

Buy things that will last longer

REUSE

Reusing stuff is about remaking things for a different purpose

REPAIR

Repairing things helps the planet as well as saves money



Source: <https://www.goldenplains.vic.gov.au/resident/waste-management/7-rs-recycling>

STEWARD of my TALENTS



Talent means the **skill** that someone has **quite naturally** to do something that is hard. Someone who has talent is able to do something without trying hard. Every person is born with different natural talents or special abilities. This means **everyone can be good** at something. People may have talent for sport, painting, writing, public speaking or playing a musical instrument.

Even though someone may have a talent they still have to **work hard and practice**. If they want to be very good at something. Some people become quite good at something even if they do not have much talent, but if they are willing to work very hard at the skill.

God created us with the **unique talents, gifts and abilities** that we have so that we could share them with others. We are to use whatever gift we have, to serve God and the world!

If you have a chance to do something for God that He gave you special abilities for and you don't do it, you will lose your special gift.

God considers you **very valuable** and **trusts you** to do something for Him **using your gifts and abilities**. If you have a chance to do something and don't because you want to watch tv, play video games or because you just don't want to do anything; God will take that valuable gift and give it to someone who is using their gifts.

Maybe you're not sure what your special abilities are yet. Ask your parents or teachers what they think your gifts are.

Source: <https://wiki.kidzsearch.com/wiki/Talents>



LITTLE STORY

When Jesus was on this earth He loved to tell stories! A lot of the stories that Jesus told were called parables. A parable is a story that has a lesson.

This parable is about a man who went on a long trip. Before he left he called his servants and asked them to take care of his house, his things and his money. You can read the story here: Matthew 25:14-30.

Jesus story had an important meaning. If you use your special gifts and abilities, the ones that God gives to you, He will give you more gifts and abilities so you can keep serving Him!



HANDS ON ACTIVITY



Cutting Corners: Take a piece of paper and count the corners (there should be 4). Using a pair of scissors, carefully cut off one corner and put it aside Count the corners again! There will now be 5. Repeat with each of the four original corners. Each time

you give one away, you will gain one more. When we use our talents and abilities for God it's like cutting the corners of this paper. The more we give away, the more we get in return.



BIG IDEA

"God's gifts of grace come in many forms. Each of you has received a gift in order to serve others. You should use it faithfully." 1 Peter 4:10 NIV

TALENT, GIFTS & ABILITIES

TALENT

Given at birth/born with.
E.g. singing in tune.



GIFTS

Come directly from God.
Used to serve God's purpose.
E.g. teaching.

ABILITIES

Learnt by personal observation and trial and error, or taught. E.g. playing a music instrument.



HEART COMMITMENT



What is a special ability or talent that you have? Ask a parent or teacher if you are unsure. Think of a way this week that you can **use that gift** to **honour God**. Maybe you are strong and could help a neighbour with some **yard work**, or maybe you're good at cooking and can **bake** something for a new family at your Church. Do you like to sing? You could honour God by **singing songs** that praise Him. There are so many ways we can use our talents to bring **glory to God** and **serve others**.



STEWARD of my TIME



TIME TO GET UP! Time to go to school! Time for dinner! Sometimes it feels like every second of the day is time for something. But did you know that the average person spends most of their life in bed? Time is really the only thing in life that **everyone has the same** amount of, everyone has the same 24 hours a day, 7 days a week and 12 months in the year. Time is a **precious gift** and it is up to us to make sure we use it well.

The wise King Solomon wrote in Ecclesiastes how there is a **time for everything**, "a time to cry and a time to laugh, there is a time to be sad and a time to dance." God created the world in 6 days He also took **time to rest** on the 7th day, the Sabbath. He **blessed it** as a time that was dedicated for us to spend with Him. Each day we have is a **gift from God**, we are to use it wise. Just like God set aside time to spend with us, we should prioritise spending time with God each day.



LITTLE STORY

Read the story of **Daniel in the Lions Den** (Daniel 6)

from a Bible Story Book or an easy to understand version of the Bible.

Daniel is a really good example of someone who **used his time wisely**. He spent time in prayer to God before anything else and he even continued to pray when his life was in danger.



BIG IDEA

"So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days."
Ephesians 5:15-16 (NLT)



HANDS ON ACTIVITY

Brainstorm a list of all the things **you do** during the day eg. Eating breakfast, going to school, homework, chores etc. **Write them out** on squares of card and then put them **in order** of what is the most important to you. What are the **top 4 activities** from the list that are most important for you to do each day? Have a look at Ephesians 5:15-16. On a card that is a different colour write **"Use Your Time Wisely"** and Ephesians 5:15-16.

The most wise thing we can do is **spend time with God**. Use your "time cards" as a reminder each day to **spend some time with God**.

Plan your time wisely using the clock below.

Brainstorm

- spend time with God
- breakfast
- school
- homework
- chores
-
-



HEART COMMITMENT

Talk to your family about how you can set aside time each day to **spend with God**. It might be setting up a **prayer list**, listening to **worship music** in the car on the way to school or **reading your Bible** before bed.



STEWARD of my MONEY

DID YOU KNOW that there was a time when money didn't exist? We use paper money, coins, and bank cards when we want to buy things, but this hasn't always been the case. A long time ago, if you wanted to "buy" something you had to **trade for it**. If you wanted some wheat to make bread or some milk from a cow then you had to trade perhaps some vegetables or a chicken or something of similar value to get what you needed. Now we simply go to the supermarket and **swipe or tap our cards** to get what we need.



Do you get an allowance or pocket money for doing chores? Do you **spend your money** or **save it**? We need money for all sorts of things, food, paying for the house we live in, heating the house and paying for the lights to be on. Apart from spending money on ourselves, giving to help others is another important use.

Everything we have comes from God and that includes our money. That means we must be willing to **share** with others when God calls us to. In the Bible God asks us to **return a tithe or 10%** of what we earn to Him. He also asks us to share what we have with our local Church as an offering. When you return your tithe it is used to help fun pastors across Australia to share Jesus. Your offering helps your local Church do ministry and share Jesus with its community, and a part of your offering also helps people overseas share Jesus in areas of the world that have never even heard about Jesus. **We are part of a global Church** and when we faithfully return our tithe and generously give our offerings we have a **big impact all over the world**.



LITTLE STORY

Read the story of **Zaccheus** from a Bible story book or an easy to read version of the Bible (Luke 19:1-9).

As Jesus travelled around preaching and teaching he met many different people. **Everyone who came in to contact with Jesus was changed.** Zaccheus was a wealthy tax collector who cheated people out of their money. When Jesus showed Zaccheus compassion, he became changed. He no longer wanted to keep all his money for himself but generously shared it with others. Jesus has the power to make us **generous** with **what we have**.



BIG IDEA

"Bring all the tithes into the storehouse so there will be enough food in my Temple. If you do," says the Lord of Heaven's Armies, "I will open the windows of heaven for you. I will pour out a blessing so great you won't have enough room to take it in! Try it! Put me to the test!" Malachi 3:10 (NLT)



HANDS ON ACTIVITY

Recycle some old food containers (small pringle cans are great) to make **money tins** to help you remember to put aside money for tithes and offerings. Cut a slit in the lid at the top and decorate the outside of the container with coloured paper or paint. Use a permanent marker to label each container with **tithes, offering, spending** and **savings**. Next time you get some pocket money or birthday money you can easily put money aside for giving.



HEART COMMITMENT

Do you have pocket money or an allowance? Make some time this week to **put aside 10%** for your **tithe**. Ask your parents to help you decide how much to put aside for your offering. If you don't get pocket money talk to your mum and dad about any jobs you might be able to do around the house to earn some, then use it as an **opportunity to practice** returning tithes and giving offerings. There are also many other ways to be a good steward and give an 'offering'. Check out our "Kids offering Booklets" for some ideas.



STEWARD of my THINGS



What is your most **favourite toy**? Is it a bike? or a doll or teddy bear? Perhaps its electronic or you can use it to play games? Maybe it's a favourite book or dressups?



How would you feel if you gave it to someone to play with for a while and when they returned your precious toy it was all damaged and ruined? It would be pretty disappointing.

Everything we have in this world **comes from God**, we are **HIS prized possession** and we need to treat the things that we have with **attention and care**. Our toys, clothes, bedrooms and beds will last much longer if they are well looked after. When we **take care of our things** and they remain in good condition we can **bless others by passing them on** for a sibling, friend or a charity to use.



LITTLE STORY

The Bible tells us that when Jesus left this earth His disciples got to work **setting up the Church** and telling everyone they could about what Jesus had done for them. In the very beginning of the early Church they didn't have a lot of stuff so they decided to **share everything they had with each other**.



You can read about it in Acts 2:42-47. This meant that those who had very little were able to enjoy a good meal and shelter and those who had a lot were able to bless others with what God had given them! When we take care of our things we are better **able to share them with others**. When we share with others God gives us more so we can share more!



HANDS ON ACTIVITY

Mentos Explosion: Take a **couple of mentos** and a **bottle of soft drink**, you can also do this with some bicarb soda and vinegar. Find a place outside where it won't get too messy! open the soft drink and pop some mentos in the top (make sure you get out of the way or you'll get very messy) watch it explode! Just like Jesus says **what we give will come back to us**, shaken together, pressed down and overflowing! Here's a cool example:



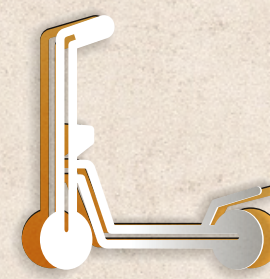
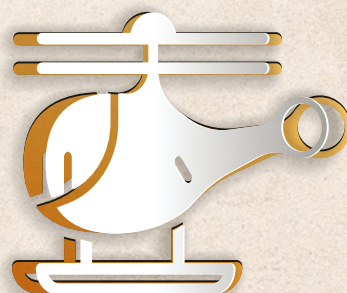
BIG IDEA

"Give, and you will receive. Your gift will return to you in full—pressed down, shaken together to make room for more, running over, and poured into your lap. The amount you give will determine the amount you get back."
Luke 6:38 (NLT)



HEART COMMITMENT

Go through your toys this week and **put aside** any that you **no longer use**. Give them a good clean and **share them** with someone who would enjoy playing with them. Have a look at some of the toys you use all the time. Take time to **clean them** and **store them properly** so they last longer.



COLOUR ME!





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